

## PChAD (Protection of Children Abusing Drugs) Act

The purpose of the PChAD program is to help youth under the age of 18 whose substance use has caused, or is likely to cause, significant physical, psychological or social harm to themselves or physical harm to others, and are refusing voluntary treatment. Concerned legal guardians make an application to Family Court for a confinement or an apprehension and confinement order which enables the youth to be confined for a period up to 10 days. While confined in a Protective Safe House, youth complete a comprehensive assessment and the treatment team makes detailed recommendations for further voluntary addiction services. Parents/guardians must attend a PChAD Pre-Application session prior to applying for a PChAD order, and family counseling services are an essential component of the treatment plan.



### **Youth Addiction Services Edmonton**

**Telephone: 780-408-8783**

Suite 300, 11634 – 142 Street NW  
Nexus Business Park  
Edmonton, AB

#### **Hours of Operation**

Monday 8:15am – 6:00pm  
Tuesday 8:15am – 6:00pm  
Wednesday 8:15am – 6:00pm  
Thursday 8:15am – 6:00pm  
Friday 8:15am – 4:30pm

### **Rutherford Health Centre – Edmonton Outpatient Services**

**Telephone: 780-342-6850**

#202, 11153 Ellerslie Road  
Edmonton, AB

#### **Hours of Operation**

Monday 8:00am – 4:00pm  
Tuesday 8:00am – 4:00pm  
Wednesday 8:00am – 4:00pm  
Thursday 8:00am – 4:00pm  
Friday 8:00am – 4:00pm

**For further information go to:**

[www.albertahealthservices.ca/addiction.asp](http://www.albertahealthservices.ca/addiction.asp)

Call our 24-hour toll-free help line  
**1-866-332-2322**

Revised October 2021



**Youth Addiction  
Treatment Services  
Alberta Health  
Services  
Edmonton Zone**

## Youth Addiction Treatment Services – Edmonton Zone

In the Province of Alberta, Alberta Health Services provides a full spectrum of addiction services for youth ranging from prevention and health promotion to treatment programs. Treatment services are available for youth from age 12-18 years. We have a provincially coordinated intake and referral process that includes a comprehensive assessment allowing us to match services based on client's needs and program capacity. Our staff are concurrent capable and provide service delivery options that are integrated with other community supports when appropriate. We work with youth, their families, professionals, and the community to address a full range of concerns related to adolescents and addictions through a seamless system of care.

## Youth Addiction Services Edmonton Outpatient Services

Outpatient is the initial point of contact for youth and families who are seeking addiction services. Youth needs are matched to the appropriate services through an intake assessment. Outpatient counsellors provide intake, assessment, individual & group counselling and make referrals to the continuum of youth services and community agencies. Parents/guardians or other supportive adults are strongly encouraged to attend the intake assessment.

### Family Counselling

Family counselling is available to all family members connected to a youth who is experiencing issues with his/her substance use/gambling. It is available whether that youth is participating in services or not. Services are tailored to each family's needs. Common family treatment themes often include communication improvement, rebuilding trust, self-care, conflict resolution and enhancing relationships. Family counselling can involve any one or all of the members of the family.

### BOSS Program

The Building Opportunities: Skills and School (BOSS) Program is a three week psychoeducational program that focuses on substance use education, increasing school safety, emotional fluency, mental health awareness, social skills, life skills and healthy, safe online behavior.



## Edmonton Youth Recovery, Stabilization and PChAD Programs

### Youth Stabilization Program

This 6-10 day, voluntary social detoxification program is available to youth aged 12-18 years old, harmfully involved in substance use. The focus is on stabilizing the youth, completing a comprehensive assessment, constructing a treatment plan, and planning for transition to further services. Youth participate in individual, group, and family counseling. Access to available treatment beds can typically be accommodated within 24 hours of service request.

### Intensive Day Treatment

This six-week, continuous intake program provides individual, group and family counselling, a therapeutic recreation program and an education component. Youth will explore how substance use has affected their lives and they will learn tools to support them in making changes in their lives.

### Edmonton Youth Addiction and Mental Health Recovery Program

This three-month voluntary program is appropriate for youth aged 12-18 years old, with harmful involvement in substance use that has resulted in significant impairment in several major life areas. Youth and their families are actively engaged in individual, group, leisure and family counseling. Youth participate in school onsite and are supported in positively accessing community based services as part of treatment.